

Table Tennis in YOUR school...

Have you ever considered table tennis for your school's Physical Education program, intramurals or as an extra-curricular sport? If so, or even if you haven't: *we have the program for you.*

TOPS – the Table Tennis in School program

This program is broken down into three different components:

TOPS – the training manual

The Alberta Table Tennis Association, in conjunction with the Canadian Table Tennis Association is offering this new program to your school. The TOPS Manual was originally developed by the Australian Table Tennis Association and was the basis for their very successful school program. The manual contains full lesson plans, stroke cards, and activity cards to help teach the skills of the game. It is broken down into both age and development ranges: 5-8 or beginners, 9-16 or intermediate and 9-16 advanced. Perfect for the Games component of your school year.

Club Development:

Where could be a better place for your students to practice their new found table tennis skills than a club? Clubs can be offered at lunchtime or after school as part of your extra-curricular activity. The students love it and it helps them prepare for tournaments. By registering as a member of the Alberta Table Tennis Association, your students will have the opportunity to go to the next level if they so wish. Table Tennis is an excellent sport for individuals who prefer an individual sport vs. team sports and provides an excellent opportunity to reach the national level.

School Tournament

Who is YOUR School Champion? Your school could offer an in-house tournament for the students and the ATTA will help by providing medals for the winners. You can take it a step further and hold an inter-school tournament where your "School Champions" can participate, please contact Judy Ellefson at atta@abtabletennis.com for more information on how to set up this exciting event.

Do you know...

Some of the best hockey players in the NHL play table tennis. It helps them with their reflexes.